

Decision Maker: EXECUTIVE

27 March 2019

Date: For pre-decision scrutiny at the Adult Care and Health PDS Committee on 7th March 2019.

Decision Type: Non-Urgent Executive Non-Key

Title: JOINT MENTAL HEALTH STRATEGY

Contact Officer: Charles Oseghare, Interim Strategic Commissioner
Tel: 020 8461 7228 E-mail: charles.oseghare@bromley.gov.uk

Chief Officer: Director of Adult Social Care

Ward: All

1. Reason for report

For Members to endorse the Joint Mental Health Strategy for Bromley 2019-2025 developed by the London Borough of Bromley and the Bromley Clinical Commissioning Group.

2. **RECOMMENDATION(S)**

That the Adult Care and Health PDS Committee notes and endorses the Joint Mental Health Strategy for Bromley 2019-2025 developed by the London Borough of Bromley and the Bromley Clinical Commissioning Group.

Impact on Vulnerable Adults and Children

1. Summary of Impact: The strategy sets out a vision for preventing and managing mental ill health in working age adults and older persons over 65 years old.
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Corporate Policy

1. Policy Status: Not Applicable:
 2. BBB Priority: Supporting Independence Healthy Bromley:
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Financial

1. Cost of proposal: No Cost:
 2. Ongoing costs: Non-Recurring Cost:
 3. Budget head/performance centre: N/A
 4. Total current budget for this head: £N/A
 5. Source of funding: LBB recurrent expenditure and Better Care Fund.N/A
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Personnel

1. Number of staff (current and additional): N/A
 2. If from existing staff resources, number of staff hours: N/A
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Legal

1. Legal Requirement: None:
 2. Call-in: Not Applicable:
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Procurement

1. Summary of Procurement Implications: There are no direct procurement implications. However the Mental Health Flexible Support Services contract will need to be recommissioned in 2019. The Dementia Services Hub contract will come to an end in 2020. The S31 Agreement with Oxleas NHS Foundation Trust comes to an end in 2024.
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Customer Impact

1. Estimated number of users/beneficiaries (current and projected): All residents who are 18 years old and above.
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Ward Councillor Views

1. Have Ward Councillors been asked for comments? Not Applicable
2. Summary of Ward Councillors comments: N/A

3. COMMENTARY

- 3.1. This mental health strategy for Bromley sets out the vision for promoting better mental health and emotional wellbeing in the borough. Bromley is a vibrant, diverse and growing Borough where we believe that everyone should have the opportunity to live a long, healthy, safe, fulfilling and independent life supported by thriving and connected communities. As an area which combines rural and urban settings Bromley faces a challenge of dealing with higher levels of concern around increasingly more complex mental health issues and a need to increase awareness and promote better emotional wellbeing.
- 3.2. Mental Health is something that affects us all, and nationally one in four people will experience a mental health problem at some point in their life time. This 2019-2025 Joint Bromley Mental Health and Emotional Wellbeing Strategy outlines the ambition of London Borough of Bromley (LBB) and NHS Bromley CCG (CCG) to support communities to stay healthy by improving emotional wellbeing and mental health; and addressing health inequalities for people with mental health problems across the Borough. The priorities for this strategy reflect the direction of travel and commitment to fulfilling the aspirations as set out in the Building a Better Bromley vision and the “Five Year Forward View for Mental Health” [2016] (FYFVMH). These in turn will be aligned to our local initiatives; and the South East London (SEL) Sustainability and Transformational Partnership (STP) priorities for mental health.
- 3.3. People can, and do, recover from mental ill health. There is evidence that engendering improved outcomes for people with mental health problems helps them to achieve greater wellbeing, build resilience and independence and optimise their life chances; as well as reducing premature mortality. We want our residents to feel empowered, to contribute to and be a functional part of the communities where they live. Therefore greater focus is to be placed on prevention and early intervention, as well as interventions building towards longer term recovery.
- 3.4. In Bromley we are developing a strong culture of working together to achieve better health and social care outcomes for residents with mental health problems. We are looking to build a system that allows statutory, voluntary and independent provider organisations to work together cohesively to meet the needs of people and patients in Bromley. The health and social care integration agenda is a key element of the NHS Sustainability and Transformation Plans (STPs) that are being implemented across the country.
- 3.5. This Joint Mental Health Strategy reflects a local commitment to work together in these challenging times, in the face of an increasing demand on services, to ensure that people continue to have access to high quality health and social care services. It also seeks to ensure that people are supported to live the lives they wish to with the knowledge that they can access the right support in the right place at the right time and closer to home.
- 3.6. The financial position remains challenging, and on average, across England while between 12 – 18% of the NHS Budget is spent on mental health treatment. However, only a small proportion of the mental health budget is spent on prevention. There is a need to increase the resources available for the treatment for common mental health disorders e.g. depression and anxiety.
- 3.7. Whilst there are a range of resources available to support communities, and enable providers in improving the mental health of the community we have some challenges in Bromley which we will need to overcome to ensure we have the right support and care and pathways in place for residents who are at risk of mental ill health or need to access treatment. We are determined to:
 - decrease the number of emergency admissions into mental health inpatient services

- support patients in better managing their mental health and well-being in the community, expanding supported accommodation and flexible support provision.
- create a mental health system that is geared towards helping people avoid crisis, and
- avoid delayed transfers of care for those who need to access inpatient treatment by supporting their rehabilitation back into the community.

3.8. The strategy identifies some of the key challenges facing mental health services delivery in Bromley:

- Inadequate provision of mental health promotion, health improvement and preventative services.
- High levels of mental health activity in emergency and complex care acute provision.
- A lack of adequate advice and support services for people with learning difficulties; and the elderly who are experiencing conditions with a mental health co-morbidity.
- Difficulties in securing temporary and permanent accommodation for people living with mental ill health.
- A massive imbalance in expenditure favouring complex and inpatient. residential, and nursing care.

3.9. The Strategy commits Bromley to meeting the aims of the Parity of Esteem agenda for Mental Health. That is to ensure we value residents mental health equally with their physical health. With this in mind, the CCG and LBB are collaborating with communities, service users, patients and professionals and other stakeholders to develop an integrated vision and a joint approach to delivering that vision for better mental health and emotionally resilient communities.

3.10. The CCG and LBB will work together to develop innovative approaches to changing the way they work to manage the increase in demand for services more effectively within a challenging financial environment. Information and resources need to be used efficiently with a focus on developing a collaborative approach to developing the workforce and delivering good care and support choices that focus on positive outcomes for the local population.

3.11. We will ensure that at the heart of our service delivery is a committed workforce that can bring their considerable knowledge and experience as assets to impact on the care of individuals and communities. They will be expected to work alongside residents as partners, and support and equip them with the skills to take control of their treatment and general health to achieve their individual health and wellbeing goals.

3.12. This strategy sets out how we will deliver an effective mental health system across five pillars of service delivery; these are

- Prevention,
- Early Intervention,
- Currently in treatment,
- Those with complex and longer term conditions and
- Recovery.

3.13. This will build on the work already undertaken by the Bromley Clinical Commissioning Group and London Borough of Bromley in building responsive integrated care networks and effective clinical intervention for improving health and wellbeing.

3.14. Each of our priorities will require a number of actions in order to achieve improvement across the services. Achieving our intentions will require investment and commitment from across the partnership. We will need to design and deliver services collaboratively to ensure we have a successful mental health system for the people of Bromley. Over the next five years we will work towards finding new approaches for working with partners and stakeholders to deliver the full impact of our investment across the system; as well as the cost shift to support transformational planning.

3.15. The strategy outlines a commitment to:

- Develop community based preventative and early intervention services for people at risk of, and at early stages of mental health difficulties.
- Improve transitional planning for young people experiencing mental health difficulties.
- Improve support for people with Autistic Spectrum Disorder and Dementia.
- Redesign the rehabilitation pathway, and develop a broader range of housing options.
- Reduce the overdependence on inpatient and residential care.
- Shift investment from long term treatment services to preventative and recovery support care.

3.16. An action plan for the strategy and contract management processes will aid the delivery of the strategy. Governance will be carried out through reporting to the Bromley Mental Health Strategic Board, Bromley Integrated commissioning Board and the London Borough of Bromley Portfolio Holder.

4. **IMPACT ON VULNERABLE ADULTS AND CHILDREN**

The strategy sets out a service model that places early intervention and prevention at the heart of managing mental ill health and developing a mental health system that works towards avoiding increases in complex care cases and has a comprehensive rehabilitation and recovery pathway. The development of more community based early intervention will provide improved access to targeted intervention and support, and involve coproduction with communities and services users.

Non-Applicable Sections:	Policy Implications, Financial Implications, Personnel Implications, Legal Implications, Procurement Implications
Background Documents: (Access via Contact Officer)	2019-2025 Bromley Mental Health and Wellbeing Strategy Bromley Mental Health and Wellbeing Strategy Action Plan